



Arthur S. May School News

May 9, 2025 Edition #2



A Message From Ms. Todd

Tips to Help Your Child Navigate Social Situations



1. If your friends are talking about something that makes you uncomfortable you can change the subject, if that doesn't work, walk away.



2. If you are uncomfortable with an action of a peer, tell them firmly to stop and be specific. For example, "Please stop touching my arm. I don't like it."




3. If someone does something that is unsafe or unfair, say something, then ask an adult for help. For example, "That is dangerous, you could get hurt."



4. Pause and Think ~ Is this safe? Pause and Think ~ Is it kind?
Pause and Think ~ Do I need to ask for help?





A Message From Ms. Todd, con't.

Reminder...



Below is the link to our K-4 Parent Input Form. This form helps guide our placement of your child for the 24-25 school year at ASM. Please take time to complete and submit the form no later than **Friday, May 16th.**

Parent Input Form



What's Been Happening at ASM?

First grade paid a visit to Vassar Farm.



4th & 5th graders gave an a-MAY-zing performance at our in-school concert. Bravo!!



Second grade participated in some Mindful Martial Arts!

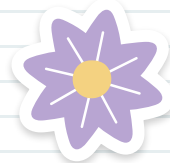


Second graders paint with watercolors for upcoming Mother's Day.



Congratulations buses #1 & #214, April's Buses of the Month!

✧ Important Dates



12

Grades 4 & 5

Spring Concert 6 p.m.

14

Grade 5

NYS Science Test

16

½ Day of School

Dismissal at 11:30 a.m.

*

19

Spring Curriculum Night

5:30-6:45 pm

20

ACSD

Budget Vote

22-27

No School

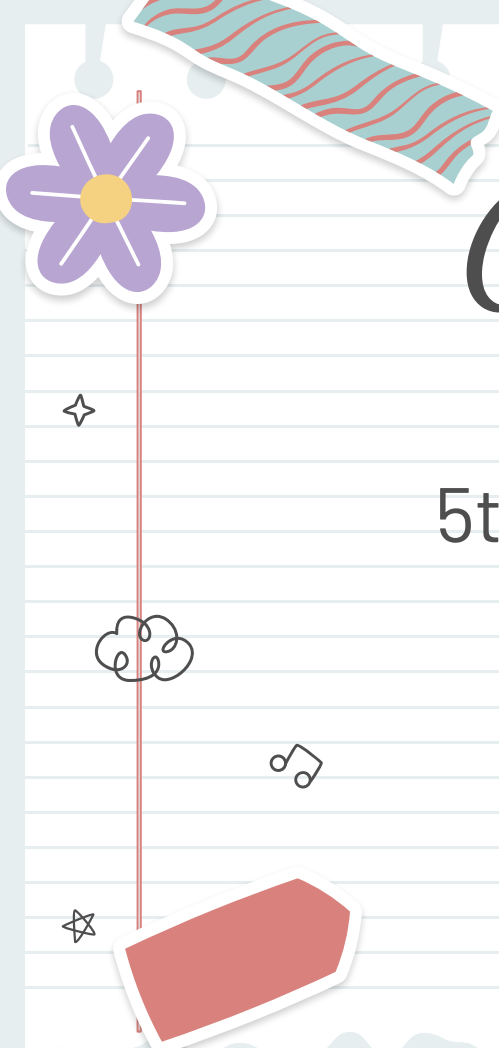
(Memorial Weekend)

30

Hat & Sunglasses

Spirit Day!





Grade 5 Families

SAVE THE DATE!

5th Grade Moving Up Celebration

Thursday, June 20th

at 9:30 a.m.

in the ASM Auditorium.

More details to follow soon!



Incoming 6th Grade Parent Night

LMS and UVMS will hold an Incoming 6th Grade Parent Night so that families can visit LMS and Union Vale, meet the administration, and learn more about what to expect as your child enters middle school.

UVMS - May 19th at 6:00 p.m.

LMS - June 5th at 6:30 p.m.

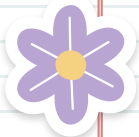


✧ A Message From the Health Office



Important Reminders:

- Eat breakfast! Encouraging your child to have a healthy breakfast daily can help with how they perform in school during the day. Breakfast equals brain power!
- Get sleep! Sleep is increasingly recognized as a component of good health. Children who don't get enough sleep are at an increased risk for obesity and type 2 diabetes. For kids, a healthy sleeping habit is preferable. They need to get the right amount of sleep to stay focused with their classes throughout the day.
- Stay hydrated! When it comes to your child staying healthy, hydration needs to be a big part. When children are dehydrated, it can lead to headaches, lightheadedness, sleepiness and poor learning. Students should bring a reusable water bottle to school every day. The school does not provide water bottles.
- As it gets warmer please make sure your student is leaving the house dressed **appropriately** for the weather **and** school.





A Message From the Health Office, con't.

Seasonal Allergies: It seems each year allergies get worse. If you suffer from seasonal allergies you are very much aware how hard the past couple weeks have been. And this is just the beginning of the season! If your student has allergies please be sure they are taking their allergy medication everyday! You may want to add over the counter allergen eye drops, if students' eyes are affected. Many students who don't have diagnosed allergies are suffering with itchy watery eyes. They would benefit from eye drops such as Pataday, Zaditor, or any anti-itch eye drop. These can be purchased at any drugstore. Please consult your doctor.

With that being said, please be aware of your student's symptoms. If you notice they are experiencing a flare up of symptoms and are having an extra hard time, regardless of if they have taken medication they may need a day of rest. If a student comes to the health office with extreme allergy symptoms you may be called to pick your student up.

Ways to alleviate allergy symptoms:

- Over the counter or prescribed allergy medication
- Cold compress to eyes and face (don't rub)
- Cool water on face
- Stay hydrated with water
- Hot tea to relieve congestion and sinus pressure
- Air purifiers and air conditioners
- Shower daily
- Change clothes daily
- Consult with your doctor



A Message From the Health Office, con't.

DO NOT SEND YOUR STUDENT TO SCHOOL WITH MEDICATION!

*

There have been numerous students sent to school with various medications. This is extremely unsafe. There is a process that must be followed. Please contact the health office if your student needs prescribed or over-the-counter medication at school.

Please be sure students bring a refillable water bottle to school. It is vital that everyone stays hydrated throughout the day. The school does not provide water bottles, but there are refill stations.

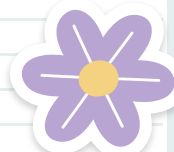
Please send your student to school with a water bottle!

District policy is as follows: ALL STUDENTS MUST BE 24 HOURS FREE FROM FEVER, VOMITING, AND/OR DIARRHEA WITHOUT MEDICATIONS BEFORE RETURNING TO SCHOOL!!

Please note that the Health Office is unable to act as an Urgent Care. Therefore, you should not send a symptomatic student to school or sent to be assessed by the nurse.



*



Lunch Specials



Monday

BBQ Chicken Legs



Tuesday

Popcorn Chicken



Wednesday

Chicken Tenders



Thursday

Hot Dog



Friday

Sausage, Egg, Cheese Biscuit



P.T.A. Information

Staff and Teacher Appreciation Week is next week, May 12th to 16th!

In celebration of our amazing ASM teachers and staff, the PTA will be hosting a breakfast, a lunch, and sweet treats and raffles for teachers and staff throughout the week. If you or anyone you know owns a local business and would like to make a donation or contribution, please contact us (arthursmaypta@gmail.com). If you would like to donate a gift card for the raffle or make a direct cash donation, please send it to school in an envelope labeled "ASM PTA STAW donation." Thank you for helping us show our ASM teachers and staff how much we appreciate everything they do for our kids every day!

Ultimate Discount Cards are here! Scan the QR code on the flyer that came home with your student or order online [here](#). Note that this year you can order a physical card, a digital card, or both. Cards are good until May 1, 2026!

- To order your Ultimate Discount Cards, filter by card type (physical, digital or bundle) and select the town card(s) you want to purchase. When prompted to select a school during checkout, make sure to choose Arthur S. May School so the ASM PTA benefits from your purchase!

Save the dates!

Field Day - Tuesday, June 10th (rain date Wednesday, June 11th)

Sweet Summer Reads - Thursday, June 12th

5th grade Moving Up Day - Friday, June 20th

More information and volunteer sign-ups will be coming soon!

Stay connected with the ASM PTA! Check out the resources or become a member on the [Arthur S. May School PTA website](#) and [follow us on Facebook](#) and [Instagram](#)



Links to Important Information

Arthur S. May School Website

ASM News Slides

Arthur S. May School Google Classroom

Important Document Links

Arrival & Dismissal Information

Absences of any nature ~ [Link](#)

Daily Pick Up Note ~ [Link](#)

Early Pick Up Note ~ [Link](#) Late Arrival Note ~ [Link](#)

District Resources

Do you have a question or concern about your child, a school, or the school district? We want to help! These links can help guide you to the right place to get the answers you need!

Where Can I Find... A Family Guide for Getting the Info and Help that You Need

We also encourage you to explore the Arlington website at:

www.arlingtonschools.org

Here's a sample of some of the information available in our parent section:

- Health Forms and Information
- Safety & Emergency Preparedness
- Links to our Food Services & Transportation Departments
- Technology Help Desk



Voter Information - May*20: 2025



Who Can Vote?

To be eligible to vote, you must be a U.S. citizen, 18 years of age or older, and a resident of the district for 30 days prior to the vote. If you are registered to vote in a general election, you are registered to vote in all school district elections.

If you are not registered, you can obtain a mail registration form by calling the Dutchess County Board of Elections at 845-486-2473. A registration form can also be downloaded from the [Board of Elections](#) website. Forms are also available at most government offices, post offices, and libraries. Complete the form and mail it to the Dutchess County Board of Elections. You may also register in person at 112 Delafield Street, Poughkeepsie. If you have moved to a new address within Dutchess County or if there has been a change to your name, call the Board of Elections for specific instructions. You must be registered by May 13 for the May 20, 2025 Budget Vote.

If you are not a registered voter, you may also register at the elementary school where you will vote or at the District Clerk's office during normal office hours on any regular school day. You must register at least one week before the school district vote. There will be an opportunity for late voter registration on May 13 from 4:30-8:30 pm at the polling locations listed below. For more information, contact the District Clerk at (845) 486-4460 ext. 20212.

District 1 - Arthur S. May School

Arthur S. May School - MAY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
	Day 3	Day 4	Day 5 Scholastic Book Fair PTA Meeting 6:30 pm	Day 6 Scholastic Book Fair	Day 1 Scholastic Book Fair	
4	5	6	7	8	9	10
	Day 2	Day 3 NYS Math Test Grades 3-5	Day 4 NYS Math Test Grades 3-5	Day 5	Day 6	
11	12	13	14	15	16	17
	Day 1	Day 2	Day 3 Grade 5 NYS Science Test	Day 4	Day 5 1/2 Day of School	
18	19	20	21	22	23	24
	Day 6 Curriculum Night 5:30-6:45 pm	Day 1 District Budget Vote	Day 2	NO SCHOOL	NO SCHOOL	
25	26	27	28	29	30	31
	NO SCHOOL	NO SCHOOL	Day 3	Day 4	Day 5 Hat & Sunglasses Spirit Day!	